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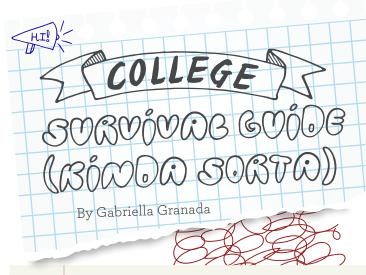
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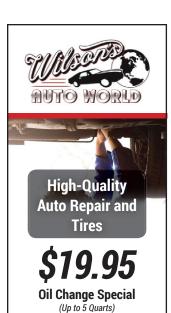


WE SHOULD PROBABLY GET SOMETHING OUT OF THE WAY right off the bat: a college survival guide can't save you—that's ridiculous—but it can help. Think of this guide as an unabashedly candid compilation of random thoughts, advice, and tips to keep in the back of your mind as you enter these next four years.

The truth is, there is no "right" way to go about college, but there is a right mentality. Work hard but take care of yourself, too. Arrive open to new experiences and leave with stories. Find a little humor in everything. If you can find a way to laugh at the absurdity that is the "college experience," *dramatic eye roll* then you will cope, better understand, and fully appreciate this incredible opportunity. You're going to be just fine.

A HISTORY OF COLLEGE VENMO EXPENSES11 & 13
PUSH YOURSELF TO GET INVOLVED
METRO SUPERSTAR. 17
EXPLORE OFF CAMPUS
HANGOUTS WITH MY FRESHMAN SELF25
FOUR WAYS TO MAKE QUICK CASH
REASONS TO GO TO THAT PARTY
FRIENDS WILL BECOME YOUR FAMILY35
RESOURCES YOU SHOULD KNOW ABOUT35





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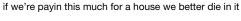






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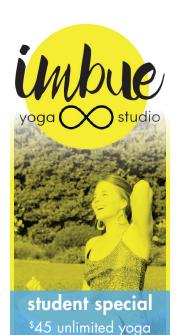


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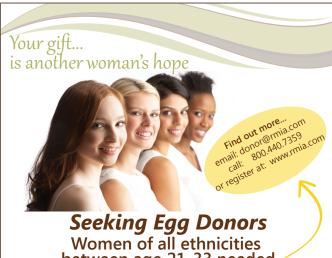
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AW

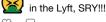
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FS



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giant child's toy car play mat!!!

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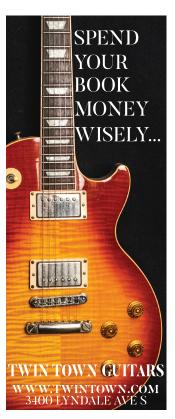
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POSA TOCASECF TO GET ÓNVOCVED



Volunteer in the community at an organization you support! Join a student group on campus! (Yes, I know everyone says this. Yes, they are all correct.) Getting involved early on in college is the best way to find what you're passionate about and make connections with people who share similar passions.

Okay, but where do I even get started?

Explore U is an event hosted every year in the 3M Arena at Mariucci for freshman only. It takes place at the of Welcome which makes it tempting to skip—DON'T! Student clubs and organizations from every corner of campus cram in there and, essentially, create an opportunity for you to shop around for groups that interest you and grab some free buttons and stickers. (If you need even more incentive than that, there's usually free Qdoba.)

No longer a newbie but looking to get more involved?

The Minneapolis Activities Fair takes place during the second week of the Fall semester at the Coffman Memorial Union, Front Plaza and it's open to all students!

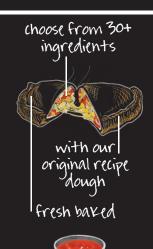


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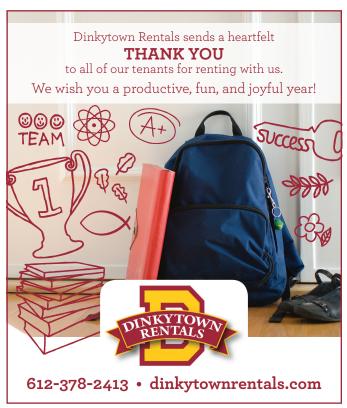
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This city's bus system can be a great, yet fickle, form of transportation. Just know that the 6U bus is infamous for dematerializing during any mild weather such as rain, sleet, snow, too many clouds, too few clouds-or when it just "isn't feeling like itself" that day. ¶

BAPBORE OFF BOMPOS

There's a whole world out there beyond the college bubble—and it's checking out. The music scene in the Twin Cities is incredible and there are so many unique, intimate venues, so go see a concert or several. Head to a local farmers market. Watch a movie at St. Anthony Main on a Tuesday for \$5. Snag student rush tickets for a show at the Orpheum or State Theatre. Check out a comedy club like Acme Comedy in North Loop or Brave New Workshop downtown. Take a bike ride along the Midtown Greenway, a 5.7 mile bike path that connects to various neighborhoods throughout the city.











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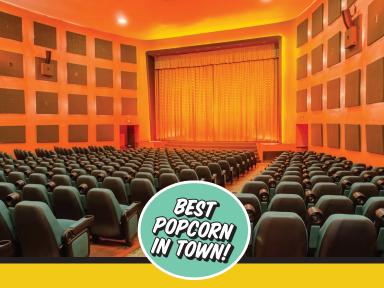
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Your freshman self has logged on



who r u

i'm u, only more withered jk I'm you in 4 years



wait, this means i survive college?

duh, stop being melodramatic



i can't, i'm ur freshman self hey, senior me?

what's up



everyone keeps saying these will be the best years of my life, is it true?

i think it's easy to conflate "best" with "most," most overwhelming, most exciting, most chaotic

it's easy for everything to feel big and immediate, try to remember it's not



so, how did I get through the next 4 years?

you found things you cared about, you surrounded yourself w incredible friends, you messed up (a ton), and you ate a lot of grocery store sushi



ngl this is all really overwhelming

ik, change and growth always are

but tbh, there's not much I can say 2 you, that you won't figure out for yourself

u got this

good luck

don't eat the dining hall eggs



You have logged off



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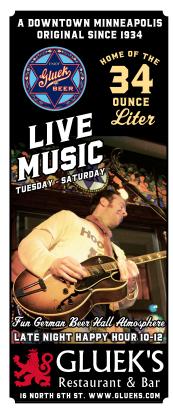
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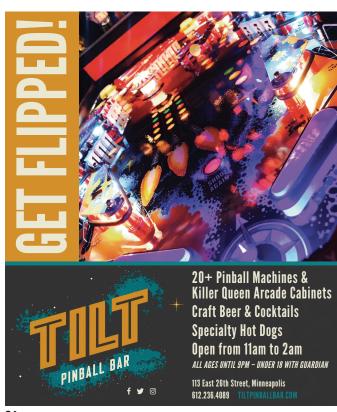
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FOUR WATS TO WAKE RUÍCK CASA

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CONTINUES ON NEXT PAGE





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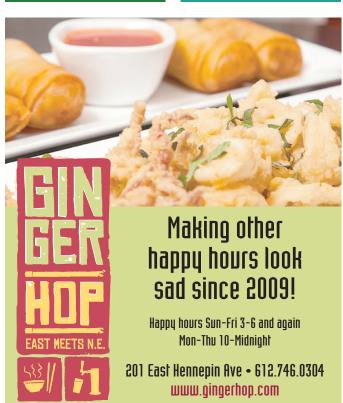


- 1. Download a dog walking app. Think of it as human-Uber for dogs and you're the human-Uber getting paid for your own personal pet therapy.
 - Try apps Wag! or Rover
- 2. Volunteer to participate in research studies. There are a ton around campus and they pay on the spot. Downside: they can take a couple hours or longer. Upside: you don't always know exactly what you'll be participating in, like a fun surprise. Are you eating various delicious chocolates? Are you mistakenly in a focus group of menopausal mothers or erectile dysfunction medication? Get those dollars.
- 3. Sell some old clothes on apps. This, of course, is contingent on the fact that you have a desirable wardrobe at your disposal. Who knows, someone might be really into that Princess Leia graphic tee your mom bought you because you mentioned ONE time that you'd do anything for Carrie Fisher, may she R.I.P.
- promote City Pages at events around the Twin Cities! Email emma. engeldinger@citypages.com if you're interested. Side note: I'm being paid to say this. Hey, I need cash, too.









300000

(THAT YOU ONLY KINDA WANNA GO TO IN THE FIRST PLACE...)

- 1. The promise of getting pizza after.
- 2. To meet new people.
- 3. To pretend to meet new people.
- 4. To make new friends.
- 5. To pretend to make new friends.
- 6. To realize ~wait, you do actually sometimes meet new people and make new friends~
- 7. To dance to "high-quality" trash radio bops that you actually LOVE but won't admit to loving when sober.
- 8. To steal 2 tablespoons of milk from the fridge of the house you're heading to because you forgot to buy milk, and Target is already closed, and you really need this mac n cheese tonight. You really, really need it.

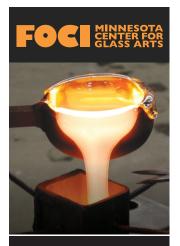


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If you forget everything I've written, remember this: the friends you make in college become your stand in family, so surround yourself with people that inspire you, motivate you, and make you laugh.

They are the family you get to choose and grow alongside for the next four years, so take care of one another. If you do it right (and get lucky), you'll leave with lifelong friendships, stories, and weird shit you bought on Amazon at 2AM with your roommate. (Bridget, do you ever wonder what happened to our giant child's toy car play mat bc I do).

I'm rooting for you. You've got this.—Gabby

IMPORTANT RESOURCES

The Aurora Center Sexual Assault, Relationship Violence, Stalking, and Advocacy Business Line (612) 626-2929 24 Hour Helpline (612) 626-9111

Student Counseling Services Can walk in or schedule an appointment (612) 624-3323

Boynton Mental Health Services To schedule an appointment (612) 624-1444 24 Hour Crisis Line (612) 301-4673 OR text "UMN" to 61222

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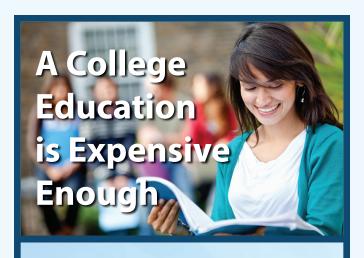
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